

## ESTEBAN CALVO, Ph.D.

Harvard School of Public Health  
Department of Society, Human Development, and Health  
1960 Commonwealth Ave., Apt. 51  
Brighton, MA 02135  
Email: ecalvobr@hsph.harvard.edu  
Phone: (1-617) 894-6661; (56-2) 570-3834  
Web: www.esteban-calvo.com

### EDUCATION

- M.S. in Public Health, Harvard University, 2010 (expected). Advanced program for established investigators holding prior doctoral degrees.
- Ph.D. in Sociology, Boston College, 2009.
- M.A. in Sociology, Boston College, 2007.
- B.S. in Sociology, Pontificia Universidad Católica, Chile, 2002.
- Certificate, Aesthetic and History of Arts, Pontificia Universidad Católica, Chile, 2002.

### AREAS OF INTEREST

Aging and the life course, social determinants of health and well-being, public policy, and quantitative methods.

### JOURNAL ARTICLES

- Calvo, Esteban**, Fabio M. Bertranou, and Evelina Bertranou. 2010. "Are Old-age Pension System Reforms Moving Away from Individual Retirement Accounts in Latin America?" *Journal of Social Policy* 39(2):1-12.
- Calvo, Esteban**, Kelly Haverstick, and Steven A. Sass. 2009. "Gradual Retirement, Sense of Control, and Retirees' Happiness." *Research on Aging* 31(1):112-35.  
\*\*\*Winner of the 2007 Severyn T. Bruyn Award for Outstanding Scholarship in Social Economy & Social Justice at BC\*\*\*
- Zheng, Bingwen, John B. Williamson, and **Esteban Calvo**. 2009. "Comparative Study of Social Security in China and Latin America: Traditional Culture and Institutional Arrangements—From the Point View of Enlarging the Coverage" (in Chinese). *Journal of Latin American Studies* 31(1):3-12.
- Calvo, Esteban** and John B. Williamson. 2008. "Old-age Pension Reform and Modernization Pathways: Lessons for China from Latin America." *Journal of Aging Studies* 22(1):74-87.

## BOOK CHAPTERS

- Calvo, Esteban** and Bernardo Martorell. 2008. "Salud del Adulto Mayor en Chile: Responsabilidad Compartida por las Personas, las Empresas y el Estado" ("The Health of Older Adults in Chile: A Responsibility Shared by Individuals, Companies, and the Government"). Pp. 103-21 in *Construyendo Políticas Públicas para una Sociedad que Envejece (Public Policies for an Aging Society)*. Santiago, Chile: Corporación Expansiva y Escuela de Salud Pública de la Universidad de Chile.
- Calvo, Esteban** and Angeles Pérez. 2004. "El Boro." Pp. 36-47 in *Historias de Campamentos (Precarious Settlements' Stories)*, edited by M. Rivadeneira. Centro de Investigación Social, Un Techo Para Chile: Santiago, Chile.

## OTHER PUBLICATIONS

- Bertranou, Fabio M., **Esteban Calvo**, and Evelina Bertranou. Forthcoming 2010. "Está Latinoamérica Alejándose de las Cuentas Individuales de Pensiones?" ("Is Latin America Retreating from Individual Retirement Accounts?") Issue Brief #9-14, Center for Retirement Research at Boston College, Chestnut Hill, MA.
- Calvo, Esteban**, Kelly Haverstick, and Natalia Zhivan. 2009. "Older Americans On The Go: Financial and Psychological Effects of Moving." Issue Brief #9-19, Center for Retirement Research at Boston College, Chestnut Hill, MA.
- Calvo, Esteban**, Kelly Haverstick, and Natalia Zhivan. 2009. "Determinants and Consequences of Moving Decisions for Older Homeowners." Working Paper #2009-16, Center for Retirement Research at Boston College, Chestnut Hill, MA.
- Calvo, Esteban**. 2009. "El Desafío de Crear Felicidad" ("The Challenge of Creating Happiness"). *Revista Desafío* 78:21.
- Calvo, Esteban**. 2009. "The Impact of Public Pension Policy on Older Adults' Life Satisfaction: An Analysis of Longitudinal Multilevel Data." PhD Dissertation, Department of Sociology, Boston College, Chestnut Hill, MA.
- Bertranou, Fabio M., **Esteban Calvo**, and Evelina Bertranou. 2009. "Is Latin America Retreating from Individual Retirement Accounts?" Issue Brief #9-14, Center for Retirement Research at Boston College, Chestnut Hill, MA.
- Calvo, Esteban** and Bernardo Martorell. 2008. "Salud del Adulto Mayor en Chile: Responsabilidad Compartida por las Personas, las Empresas y el Estado" ("The Health of Older Adults in Chile: A Responsibility Shared by Individuals, Companies, and the Government"). Documento en Foco #130, Corporación Expansiva, Santiago, Chile.
- Calvo, Esteban**, Kelly Haverstick, and Steven A. Sass. 2007. "What Makes Retirees Happier: A Gradual or 'Cold Turkey' Retirement?" Working Paper #2007-18, Center for Retirement Research at Boston College, Chestnut Hill, MA.

- Calvo, Esteban**, Kelly Haverstick, and Steven A. Sass. 2007. "A Gradual Exit May Not Make for a Happier Retirement?" Issue Brief #7-16, Center for Retirement Research at Boston College, Chestnut Hill, MA.
- Calvo, Esteban**. 2006. "Does Working Longer Make People Healthier and Happier?" Issue Brief WOB#2, Center for Retirement Research at Boston College, Chestnut Hill, MA.
- Calvo, Esteban**. 2003. *Aprendizajes del Programa FADOC en Chile (Learning From the FADOC Program in Chile)*. Fundación Impulsa, Santiago, Chile.

## WORK IN PROGRESS

- Calvo, Esteban** and Natalia Sarkisian. Under review. "Retirement and Well-being: Examining Characteristics of Life Course Transitions." *American Sociological Review*.  
 \*\*\*Winner of the 2009 Retirement Research Foundation Laurence G. Branch Doctoral Award at APHA, and Honorable Mention in the 2008 Student Research Award of the GSA SRPP Section\*\*\*
- Calvo, Esteban** and Maria Glymour. "An Instrumental Variable Analysis of the Effects of Retirement Timing on Blood Pressure." Paper to be submitted to *Archives of Internal Medicine*.
- Calvo, Esteban** and Maria Glymour. "Too Stressed to Keep a Healthy Weight: Psychosocial Stress and Obesity Management among Diabetics." Paper to be submitted to *Journal of Health and Social Behavior*.
- Calvo, Esteban** and Laura Kubzansky. "Does Optimism Influence Blood Pressure?" Paper to be submitted to *Psychosomatic Medicine*.
- Calvo, Esteban** and Natalia Sarkisian. "The Reciprocal Causation between Work and Depression." Paper to be submitted to *Social Science and Medicine*.
- Calvo, Esteban**, Christopher Tamborini, and Natalia Sarkisian. "Retirement Timing and Subjective Well-being: An Instrumental Variables Approach." Paper to be submitted to *Journal of Gerontology: Social Sciences*.
- Calvo, Esteban**, Christine Mair, and John B. Williamson. "Individualization and Redistribution: A Two-dimensional Pension Policy Model." Paper to be submitted to *Social Forces*.
- Calvo, Esteban** and John B. Williamson. Under review. "How Does Late-life Paid Work Affect Physical and Psychological Well-being?" *Social Science and Medicine*.
- Calvo, Esteban**, John B. Williamson, and Christine Mair. "The Impact of Pension Policy on the Well-being of Older Adults: An Analysis of Longitudinal Multilevel Data." Paper to be submitted to *American Journal of Sociology*.
- Akrouh, Fátima, Elysia Alvarez, **Esteban Calvo**, Annette Kaufman, and Randy Miles. "Tobacco Control in Chile." Op-ed to be submitted to *El Mercurio*.

## **RESEARCH AND CONFERENCE GRANTS**

Research Grant, U.S. Social Security Administration through the Center for Retirement Research, study “Does Migration Improve Retirement Well-being?” (with Natalia Zhivan and Kelly Haverstick), 2008 to 2009.

Dissertation Fellowship, Center for Retirement Research, study “The Impact of Public Pension Policy on the Well-being of Older Adults: An Analysis of Longitudinal Cross-national Data,” 2009.

Summer Research Assistant Award (\$4,000), Department of Sociology, Boston College, study “Retirement and Well-being: Examining Characteristics of Life Course Transitions” (with Natalia Sarkisian), 2008.

Research Grant, U.S. Social Security Administration through the Center for Retirement Research, study “What Makes Retirees Happier: Cold Turkey or Phased Retirement?” (with Kelly Haverstick), 2006 to 2007.

Graduate School Conference Grants, Boston College, 2006, 2007, 2008.

Han Emanuel Scholarship, Foundation for International Studies on Social Security, Sweden, 2006.

## **PAPER PRIZES, HONORS, AND AWARDS**

Retirement Research Foundation Laurence G. Branch Doctoral Award, American Association of Public Health, 2009.

Distinction, Ph.D. Dissertation. Department of Sociology, Boston College, 2009.

Gerontological Society of America Student Research Award, Honorable Mention, Social Research, Policy, and Practice Section, 2008.

Distinction, Comprehensive Examination in the area of Comparative Public Policy and Policy Analysis. Department of Sociology, Boston College, 2008.

Severyn T. Bruyn Award for Outstanding Scholarship in Social Economy and Social Justice, Department of Sociology, Boston College, 2007.

Distinction, M.A. Thesis. Department of Sociology, Boston College, 2007.

Distinction, Comprehensive Examination in the area of Sociology and the Life Course, and Social Gerontology. Department of Sociology, Boston College, 2007.

## FELLOWSHIPS AND SCHOLARSHIPS

Presidential Fellowship, Harvard School of Public Health, 2009 to 2010.

Teaching Fellowship and Tuition Scholarship, Boston College, 2005 to 2009.

Presidential Fellowship, Chilean Government, 2005 to 2008.

New Teaching Technologies Fellowship (training), SECICO, Pontificia Universidad Católica, Chile, 2000.

## SELECTED MEDIA RECOGNITION

### Newspapers and Magazines

El Mercurio. 2008. “Demandan Políticas Públicas Orientadas al Envejecimiento” (“Call for Public Policies Addressing Aging”). *El Mercurio*, Vida y Salud, p. A27.

Brandon, Emily. 2007. “You Maybe Shouldn’t Retire Gradually.” *U.S. News & World Report*, December 28.

Russell, Norman. 2007. “View from the Bridge.” *Pensions Week*, November 12, p. 19.

MarksJarvis, Gail. 2007. “Gradual Retirement May Not Be the Key to Happiness.” *Chicago Tribune*, November 11.

Hoffman, Ellen. 2006. “The Golden Years – At Work?” *Business Week* and *MSNBC*, June 1.

Kahan, Stuart. 2006. “Work Longer, Be Happy.” *WebCPA*, June 1.

Kiplinger. 2006. “70 Is the New 65.” *Personal Finance Magazine*, May.

### Newsletters, Bulletins, and Reports

Gerontological Society of America. 2009. “Report Details Latin America’s Approach to Retirement Finance.” *Gerontology News*, October.

Frey, Sarah, Greg O’Neil, and Andy Achenbaum, eds. 2009. “What’s Happening Abroad? Is Latin America Retreating From Individual Retirement Accounts?” *Public Policy and Aging*, September.

Olsen, Florence. 2009. “Latin America Offers Valuable Lessons in IRA Reform, Academic Researcher Says.” *BNA Pension & Benefits Daily*, July 9.

Red Latinoamericana de Gerontología (RLG). 2008. “Chile. Presentan Libro Construyendo Políticas Públicas Para una Sociedad que Envejece” (“Chile: Book Opening Public Policies for an Aging Society”). *RLG Artículos y Recortes de Prensa*, July 8.

Expansiva. 2008. “Seminario Salud y Tercera Edad” (“Health and Older Adults Seminar”). *Especiales Expansiva*, July 7.

Agetimes. 2007. "A Gradual Exit May Not Make for a Happier Retirement." *Agetimes*, February 11.

Aging Workforce. 2006. "Working Longer: Does It Help People Be Healthier, Happier?" *Aging Workforce News*, May 12.

Certified Financial Planner (CFP). 2007. "Getting Ready for Retirement IV: The Rise of Unretirement." *CFP Board eNewsletter*, August.

Institute for Women's Policy Research. 2006. "The Impact of Working Longer on Health and Happiness." *Women and Social Security*, April 10.

## **RESEARCH EXPERIENCE**

*Graduate Research Assistant*, Center for Retirement Research at Boston College, 2005 to 2009. Research related to social factors influencing happiness and health of older adults and evaluating policies that directly or indirectly contribute to improved psychological and physical well-being.

*Intern*, Office of Retirement and Disability Policy, U.S. Social Security Administration, 2008. Research on the timing of retirement, widowhood, and depressive symptoms.

*Research Assistant*, Universidad Diego Portales, Chile, 2004. Data analysis and literature review on Chilean liberalism and conservatism.

*Research Assistant*, Department of Industrial Engineering, Universidad de Chile, 2000 and 2001. Evaluation research using ethnographic techniques.

*Research Assistant*. Extend Comunicaciones, Chile, 2000. Online survey assessing the brand image of the Chilean Association of Municipalities.

## **TEACHING EXPERIENCE**

*Teaching Assistant*, School of Public Health, Harvard University, 2010. Course: "Health Reform and Community Medicine in Chile."

*Teaching Fellow*, Department of Sociology, Boston College, 2008 to 2009. Course: "Sociology of Happiness."

*Guest Lecturer*, Department of Public Health, Universidad de Chile, Chile, 2008. Lecture: "Assessing Happiness of Older Adults."

*Teaching Assistant*, Department of Sociology, Boston College, 2005 to 2008. Courses: "Multivariate Statistics," "Statistics," "Introduction to Statistics and Data Analysis," "Death and Dying," and "Peace or War?"

*Instructor*, Department of Sociology, Universidad Diego Portales, Chile, 2004. Courses: “Introduction to Methodology,” “Introduction to Sociology,” and “Social Processes in Latin America.”

*Lecturer*, Department of Psychology, Universidad del Desarrollo, Chile, 2004. Course: “Social Anthropology.”

*Lecturer*, Educational Program for Academically Talented Students, Pontificia Universidad Católica, Chile, 2002 and 2004. Courses: “How Can We Live Together Being So Different?” and “Observing How We Observe.”

*Teaching Assistant*, Department of Sociology, Pontificia Universidad Católica, Chile, 1999 to 2002. Courses: “Anthropology,” “Development of Modern Society,” “Development of Latin American Culture,” and “Development of Latin American Society.”

## **PROFESSIONAL SERVICE**

*Journal Referee*, 2006 to date. Reviewed articles for Social Forces, Social Science Quarterly, Journal of Aging Studies, and Journal of Aging and Social Policy.

*International Grant Consultant*, 2008 to date. Advised grant proposal and study entitled “Cohesión Familiar, Solidaridad Intergeneracional y Conflicto: Impacto en el Bienestar del Adulto Mayor” (“Family Cohesion, Intergenerational Solidarity, and Conflict: The Impact on Older Adults’ Well-being”). Awarded by the National Fund for Scientific and Technological Development (Fondecyt), Chile. PI: Soledad Herrera.

## **LEADERSHIP AND COMMUNITY SERVICE**

*Advisory Board*, Emprendamos NGO, Chile, 2003 to 2004. Evaluated achievements and proposed future directions for Emprendamos, an organization that works with poor urban communities to develop social capital, promote mental health, and assist in the development of personal and community projects.

*Director of Research and Development*, Fundación Impulsa, Chile, 2002 to 2003. Led evaluation research and knowledge management activities, prepared ISO 9000 certification, organized workshops, and engaged in fundraising for Fundación Impulsa, an NGO that designs, implements, evaluates, and disseminates methodologies to promote social and economic development of low-income communities.

*Co-founder and Director of Methodology and Training*, Emprendamos NGO, Chile, 2000 to 2002. Organized conferences and workshops, designed educational tools, engaged in fundraising, recruited and trained volunteers, and performed program evaluation using mixed methods.

## SELECTED CONFERENCE PRESENTATIONS AND INVITED TALKS

- Calvo, Esteban** and Natalia Sarkisian. 2010. "Retirement and Well-being: Examining the Characteristics of Life Course Transitions." To be presented at the International Sociological Association World Conference, July 11-17, Gothenburg, Sweden.
- Calvo, Esteban.** 2010. "The Impact of Pension Policy on Older Adults' Life Satisfaction: An Analysis of Longitudinal Multilevel Data." To be presented at the International Sociological Association World Conference, July 11-17, Gothenburg, Sweden.
- Calvo, Esteban** and Natalia Sarkisian. 2009. "Transitioning from Work Into Retirement: Explaining Well-being Outcomes." Presented at the American Public Health Association Annual Meeting, November 7-11, Philadelphia, PA.
- Calvo, Esteban,** Fabio M. Bertranou, and Evelina Bertranou. 2009. "Are Individual Accounts-Pension Reforms Retrenching in Latin America?" Presented at the American Sociological Association Annual Meeting, August 7-11, San Francisco, CA.
- Calvo, Esteban.** 2008. "(Un)Happy Transitions into Retirement." Presented at the Gerontological Society of America Annual Meeting, November 21-25, National Harbor, MD.
- Calvo, Esteban** and Natalia Sarkisian. 2008. "Retirement and Well-being: Examining the Characteristics of Life Course Transitions." Presented at the American Sociological Association Annual Meeting, August 1-4, Boston, MA.
- Calvo, Esteban.** 2008. "Work to Retirement Transitions and Happiness: Linking Public Policies, Social Structures, and Private Troubles." Presented at the Sociology Department Seminar, Boston College, March 25, Chestnut Hill, MA.
- Calvo, Esteban.** 2007. "How Does Late-life Paid Work Affect Physical and Psychological Well-being?" Presented at the Gerontological Society of America Annual Meeting, November 16-20, San Francisco, CA.
- Calvo, Esteban,** Kelly Haverstick, and Steven A. Sass. 2007. "What Makes Retirees Happier: Gradual or Cold Turkey Retirement?" Presented at the Affective Science Speaker Series, Department of Psychology, Boston College, October 18, Chestnut Hill, MA.
- Calvo, Esteban** and John B. Williamson. 2007. "Privatizing Pension Systems in a Traditional Culture and Low-income Economy: Lessons for China from Latin America." Presented at the American Sociological Association Annual Meeting, August 11-14, New York.
- Calvo, Esteban,** Kelly Haverstick, and Steven A. Sass. 2007. "What Makes Retirees Happier: Gradual or Cold Turkey Retirement?" Presented at the Retirement Research Consortium Annual Conference, August 9-10, Washington, DC.
- Calvo, Esteban.** 2006. "Social Security Reforms in Traditional Cultures and Low Income Economies: Lessons for China from Latin America." Presented at the International Sociological Association World Conference, July 23-29, Durban, South Africa.

**Calvo, Esteban.** 2006. "The Effects of Longer Working Lives on the Physical and Psychological Well-being of Older Americans." Presented at the 13<sup>th</sup> International Research Seminar on Issues in Social Security, Foundation for International Studies of Social Security (FISS), June 16-18, Sigtuna, Sweden.

**Calvo, Esteban.** 2001. "Chile en el Siglo XXI: ¿Quiénes Somos y Quiénes Queremos Ser?" ("Chile in the XXI Century: Who Are We and Who Do We Want to Be?"). Presented at the National Congress of Sociology Students, October 15-16, Santiago, Chile.

## **PROFESSIONAL MEMBERSHIPS**

American Public Health Association

American Sociological Association

Gerontological Society of America

Global Health Council

International Sociological Association

Sociedad Chilena de Políticas Públicas

## **SPECIAL SKILLS**

Statistical software: Proficiency in Stata, SAS, SPSS, HLM, and LISREL.

Languages: Spanish (native) and English (fluent).